

JUNE 2005

PO BOX 2003  
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BALLARAT HARRIERS

# newsletter

There is nothing so satisfying, as crossing the finish line of a race ahead of everyone else in the field. The clubs winners for the month of May have featured Rachel Gibney. She was second across the line and first Open Female in the Lap of the Lake. Nathan Hartigan, was ninth across the line in the same event. At the Bendigo Championships the next week, Rachel took out the 6km Country Womens title. Well done Rachel. On the club run front, while Auntie Rachel was winning in Bendigo, Patrick Gibney was taking out the handicap honours of the Black Hill Blast. Matt McDonald keeps repeating himself also, with fastest time in the Black Hill Blast and again at the Fred Luke Club Championships at St. Georges Lake.

Reports of all the races, AV, BRC and Club runs, are written up in the Ballarat Courier each week. Our thanks must go to Christine O'Halloran and her trusty pen, for these contributions to the paper. However, it seems that a degree of editing takes place, and not everything Christine submits is printed! ( why doesn't that surprise us? ) So in the interests of passing on all the information, here is the latest report ... unedited!

' ... in ideal conditions Ballarat Harriers took on the Fred Luke 5 mile at St. Georges Lake.

First across the line was the dynamic Matt McDonald who powered his way up the demanding middle section of the race to edge out Paul Burge, with Tony Preston running strongly to fill third place.

Matt Gibney's poor performance was put down to a wasp sting on the tongue - why was his tongue hanging out? All we can say about this pathetic excuse is " physician, heal thyself! '

*Vice President, Peter Jones made a quick dash home taking with him Alistair Ham's car keys - Jonesy thought Alistair should do a bit of extra training and run back to Wendouree for the keys.*

*Maybe Jonesy, who, rumour has it, was going to a 60th birthday party (maybe his own) was suffering from a few drinks he'd had the night before.*

*The patrons at the City Oval Hotel were still muttering about a man called 'fish' the next evening! In the 4k race Heather Kearle hung on to claim race honours ahead of the fast finishing Jenny Bourke and Christine O'Halloran. Ben Hassell and Patrick Gibney had an exciting race with only one second separating them at the finish line. ... "*

... end of C O'H report !

This race was a club championship race with the following winners ... 8k, fastest time, Matt McDonald 29.17; 4k fastest time, Heather Kearle 16.52; Vets, 8k, Vin Duffy 30.41; vets 4k, Heather Kearle 16.52; U/18 Patrick Gibney 16.42; U/14 Michael Gibney 18.42; Girls, Ingrid Duffy 20.20; and the Handicap 8k Paul Burge 54.14; and Handicap 4k, Jake Squires 23.49.

## WORKING BEE THANKYOU

**A big thankyou to all those who were able to help out at the Working Bee last Sunday. We had lots of willing hands and heaps of work was able to be done. Thankyou again.**

## NICE TO SEE ...

**It was lovely to see Kris Hammond at the run last Saturday. It was such beautiful weather and we know that Kris appreciated this and the pretty Autumn surrounds of St Georges Lake.**

## DO YOU HAVE ANY GOSSIP ?

**Don't forget to email us with any gossip you may have concerning club members... someone back from a big trip, someone has broken their leg or not well, let us know. [mhart@qonline.com.au](mailto:mhart@qonline.com.au) we'd like to know.**

## RACE DATES

Stan and Arley Nicholls hcp	JUNE 4
BRC Charles Suffren - Burrumbeet	JUNE 11
McCain Team Challenge - 5 ways	JUNE 18
Pax Hill Scout Camp	JUNE 25
AV Road Race Champs. - Albert Park	JUNE 26

## REMINDERS:

NEXT CLUB MEETING:  
Tuesday June 7, 2005 at 8pm  
JULY NEWSLETTER DEADLINE  
for COPY: June 19, 2005

## VENUE CHANGE JUNE 25

not  
Magpie School  
as in syllabus

now at  
PAX HILL  
SCOUT  
CAMP  
Spencer Street

there will be a run, as usual, with a day of other activities, followed by a family barbeque

for more details:  
Colin McCurry

